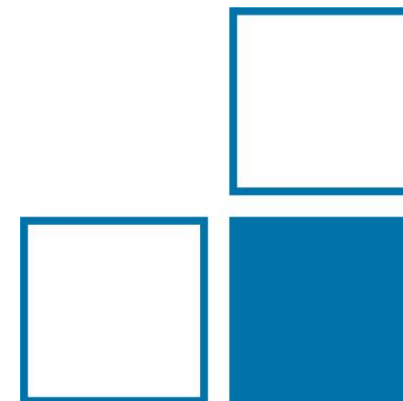


## *Dosimetry of the lens of the eye*

*Dosimetric units and quantities for eye lens monitoring,  
standards, type testing, calibration procedures and phantoms*

*R. Behrens*

13<sup>th</sup> EURADOS Winter School  
"Eye lens dosimetry"  
30<sup>th</sup> January 2020



**Introduction: Why the lens?**

**Dosimetry in general**

**Which quantity for the lens of the eye?**

**Practical and formal aspects**

**Reactions of international organisations**

**Conclusions / Challenges**

## ICRP 103 (2007) vs. 118 (2012): Tissue reactions

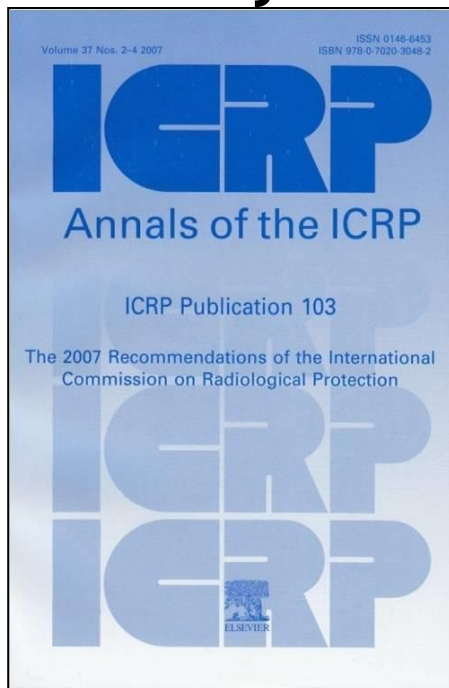
Threshold dose for the induction of cataract at irradiations

- acute: 2 Gy
- protracted: 5 Gy

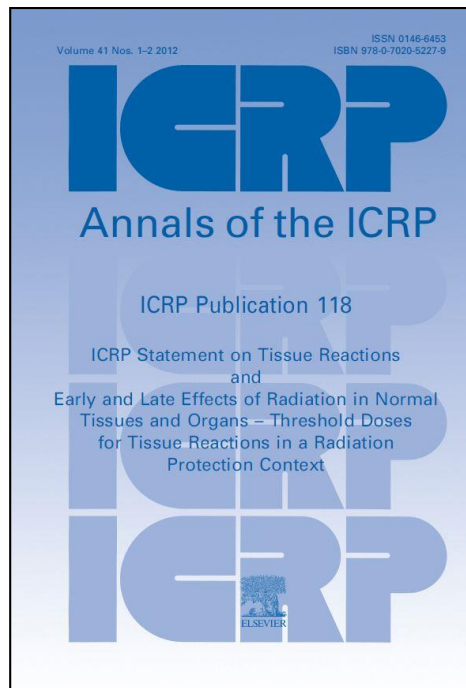
0.5 Gy (*.. 0 Gy?*)

→ Definition of threshold dose:  
*effect for 1 % of exposed; not necessarily cataract!*

Death by **cancer**:  
 5 % per 1 Sv  
*death for 1 % of exposed* →  
 1 % per 200 mSv



(2007)



(2012)

More shall be prevented →  
 500 mSv / 25 years  
 → **limit: 20 mSv/a**  
 75 % “normal”  
 cataract in public;  
*can be operated*

If more should be prevented →  
 200 mSv / 25 years  
 → **limit: 8 mSv/a !?**  
 20 % “normal”  
 mortality in public  
 by cancer

Introduction: Why the lens?

**Dosimetry in general**

Which quantity for the lens of the eye?

Practical and formal aspects

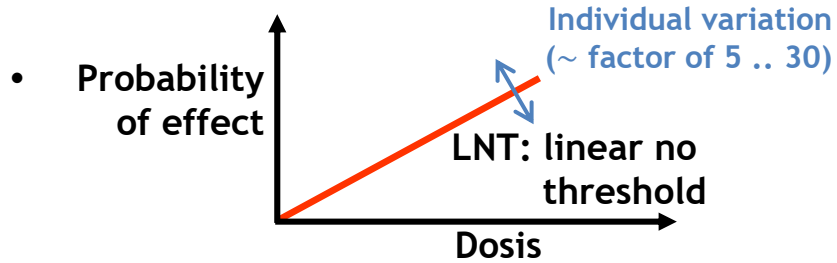
Reactions of international organisations

Conclusions / Challenges

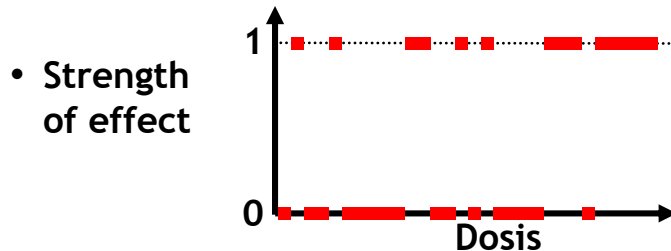
# Terms: Sievert (H) vs. Gray (D)

- Low doses ( $\lesssim 0.5$  Sv)  $\rightarrow$  DSB
- Effect: cancer, hereditary disease

- Depends on radiation type  $\rightarrow w_R \rightarrow$  Sv

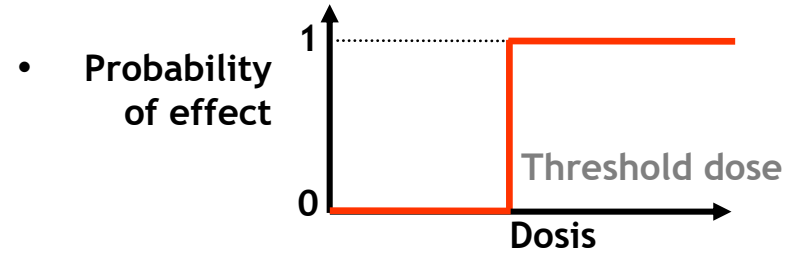


- Stochastic effects
- Long after irradiation (years to decades)

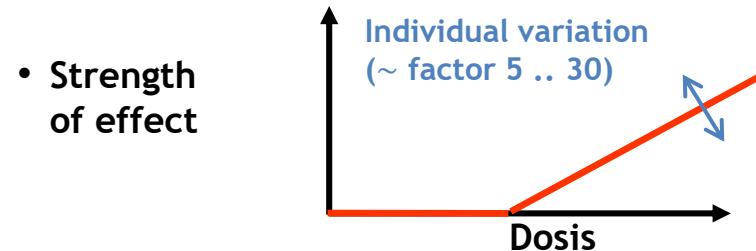


- Use e.g. for effective dose (risk of cancer) and in epidemiological studies; in therapy only for secondary cancer!

- High doses ( $\gtrsim 0.5$  Gy)  $\rightarrow$  cell dead
- Effect: e.g. erythema, organ-fail or -dead, dead (e.g. tumor therapy)
- Independent of radiation type  $\rightarrow$  Gy










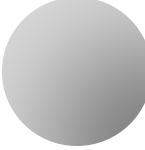


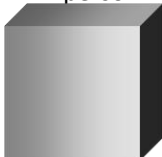



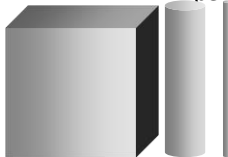
- Deterministic effects
- Shortly after irradiation (days to weeks)






- Use e.g. at radiation accidents, tumor therapy (dose in target volume)


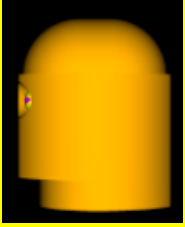
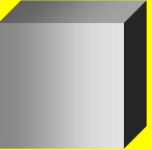

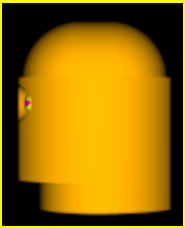
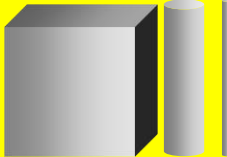
**Effect not yet clear for the lens of the eye (ICRP 118)**

	Whole body	Lens of the eye	Local skin
<b>Protection quantities (ICRP 116)</b>	 <p>ICRP reference voxel phantoms:  <math display="block">E_{\text{eff}} = \sum_T w_T \sum_R w_R D_{T,R}</math></p>	 <p>Stylized eye model; whole lens (ICRP 116, Annex F):  <math display="block">H_{\text{lens}} = \sum_R w_R D_{\text{lens},R}</math></p>	 <p>Tissue-equivalent cube (10x10x10 cm<sup>3</sup>); 1 cm<sup>2</sup> area at 50 – 100 μm depth (ICRP 116, Annex G):  <math display="block">H_{\text{local skin}} = \sum_R w_R D_{\text{local skin},R}</math></p>

	Whole body	Lens of the eye	Local skin	
<b>Protection quantities (ICRP 116)</b>	 <p>ICRP reference voxel phantoms:  <math>E_{\text{eff}} = \sum_T w_T \sum_R w_R D_{T,R}</math></p>	 <p>Stylized eye model; whole lens (ICRP 116, Annex F):  <math>H_{\text{lens}} = \sum_R w_R D_{\text{lens},R}</math></p>	 <p>Tissue-equivalent cube (10x10x10 cm<sup>3</sup>); 1 cm<sup>2</sup> area at 50 – 100 μm depth (ICRP 116, Annex G):  <math>H_{\text{local skin}} = \sum_R w_R D_{\text{local skin},R}</math></p>	
<b>Operational quantities: definition: <math>H = Q(L) \cdot D</math></b>				
<b>Operational quantities for monitoring (ICRU 51)</b>	<b>Area</b>	 <p>ICRU 4-element tissue sphere: <math>\varnothing = 30</math> cm:  <math>H^*(10) = Q \cdot D(10)_{\text{sph}}</math></p>	 <p>ICRU 4-element tissue sphere: <math>\varnothing = 30</math> cm:  <math>H'(3;\Omega) = Q \cdot D(3;\Omega)_{\text{sph}}</math></p>	 <p>ICRU 4-element tissue sphere: <math>\varnothing = 30</math> cm:  <math>H'(0.07;\Omega) = Q \cdot D(0.07;\Omega)_{\text{sph}}</math></p>
	<b>Individual</b>	 <p><math>H_p(10) = Q \cdot D(10)_{\text{person}}</math></p>  <p>For calibration: ICRU 4-element tissue slab: 30x30x15 cm<sup>3</sup>:  <math>H_p(10) = Q \cdot D(10)_{\text{slab}}</math></p>	 <p><math>H_p(3) = Q \cdot D(3)_{\text{person}}</math></p>  <p>For calibration: ICRU 4-element cylinder: <math>\varnothing = h = 20</math> cm:  <math>H_p(3) = Q \cdot D(3)_{\text{cylinder}}</math></p>	 <p><math>H_p(0.07) = Q \cdot D(0.07)_{\text{pers.}}</math></p>  <p>For calibration: ICRU 4-el. tissue slab, pillar, rod (<math>\varnothing = 73, 19</math> mm):  <math>H_p(0.07) = Q \cdot D(0.07)_{\text{slab, pillar, rod}}</math></p>

	Whole body	Lens of the eye	Local skin
<b>Protection quantities (ICRP 116)</b> 	ICRP reference voxel phantoms: $E_{\text{eff}} = \sum_T w_T \sum_R w_R D_{T,R}$	 Stylized eye model; whole lens (ICRP 116, Annex F): $H_{\text{lens}} = \sum_R w_R D_{\text{lens},R}$	 Tissue-equivalent cube (10x10x10 cm <sup>3</sup> ); 1 cm <sup>2</sup> area at 50 – 100 μm depth (ICRP 116, Annex G): $H_{\text{local skin}} = \sum_R w_R D_{\text{local skin},R}$

### Operational quantities: definition: $H = h \cdot \Phi$ ; $D = d \cdot \Phi$

<b>Operational quantities for monitoring (ICRU RC26)</b>	<b>Area</b> 	ICRP reference voxel phantoms: $H^* = h_{E,\text{max}} \cdot \Phi$	 Stylized eye model; whole lens (ICRP 116, Annex F): $D'_{\text{lens}}(\Omega) = d_{\text{lens}}(\Omega) \cdot \Phi$	 ICRU 4-element tis. slab (30x30x15 cm <sup>3</sup> ) with 2 mm skin cover over 1 cm <sup>2</sup> at 50-100 μm $D'_{\text{local skin}}(\Omega) = d_{\text{local skin}}(\Omega) \cdot \Phi$
	<b>Individual</b> 	ICRP reference voxel phantoms: $H_p = h_E \cdot \Phi$	 Stylized eye model; whole lens (ICRP 116, Annex F): $D_{p \text{ lens}}(\Omega) = d_{\text{lens}}(\Omega) \cdot \Phi$	ICRU 4-elementslab, pillar, rod; 2 mm skin cover; 1 cm <sup>2</sup> area at 50 – 100 μm:  $D_{p \text{ local skin}} = d_{\text{local skin}} \cdot \Phi$



Introduction: Why the lens?





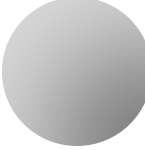


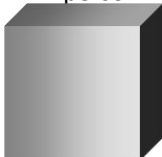



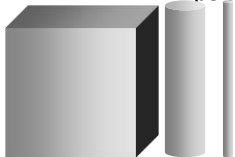
Dosimetry in general

**Which quantity for the lens of the eye?**

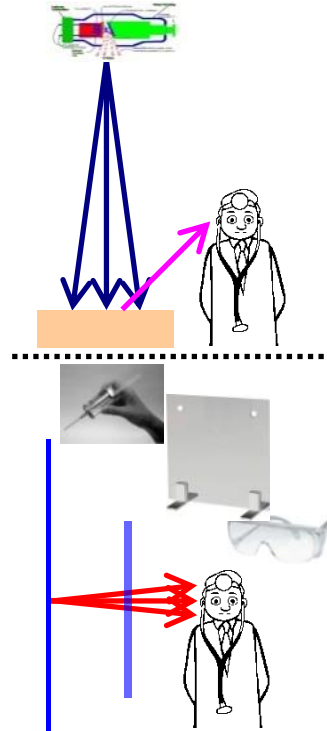
Practical and formal aspects

Reactions of international organisations

Conclusions / Challenges

	Whole body	Lens of the eye	Local skin
<b>Protection quantities (ICRP 116)</b> 	ICRP reference voxel phantoms: $E_{\text{eff}} = \sum_T w_T \sum_R w_R D_{T,R}$	 Stylized eye model; whole lens (ICRP 116, Annex F): $H_{\text{lens}} = \sum_R w_R D_{\text{lens},R}$	 Tissue-equivalent cube (10x10x10 cm <sup>3</sup> ); 1 cm <sup>2</sup> area at 50 – 100 μm depth (ICRP 116, Annex G): $H_{\text{local skin}} = \sum_R w_R D_{\text{local skin},R}$
<b>Operational quantities: definition: <math>H = Q(L) \cdot D</math></b>			
<b>Operational quantities for monitoring (ICRU 51)</b>	<b>Area</b>  ICRU 4-element tissue sphere: $\varnothing = 30$ cm: $H^*(10) = Q \cdot D(10)_{\text{sph}}$	 ICRU 4-element tissue sphere: $\varnothing = 30$ cm: $H'(3;\Omega) = Q \cdot D(3;\Omega)_{\text{sph}}$	 ICRU 4-element tissue sphere: $\varnothing = 30$ cm: $H'(0.07;\Omega) = Q \cdot D(0.07;\Omega)_{\text{sph}}$
	<b>Individual</b>  $H_p(10) = Q \cdot D(10)_{\text{person}}$ 	 $H_p(3) = Q \cdot D(3)_{\text{person}}$ 	 $H_p(0.07) = Q \cdot D(0.07)_{\text{pers.}}$ 
	For calibration: ICRU 4-element tissue slab: 30x30x15 cm <sup>3</sup> : $H_p(10) = Q \cdot D(10)_{\text{slab}}$	For calibration: ICRU 4-element cylinder: $\varnothing = h = 20$ cm: $H_p(3) = Q \cdot D(3)_{\text{cylinder}}$	For calibration: ICRU 4-el. tissue slab, pillar, rod ( $\varnothing = 73, 19$ mm): $H_p(0.07) = Q \cdot D(0.07)_{\text{slab, pillar, rod}}$





Radiation field	$H_p(0.07)_{rod} / H_{lens}$	$H_p(0.07)_{slab} / H_{lens}$	$H_p(3)_{slab} / H_{lens}$	$H_p(10)_{slab} / H_{lens}$
X-ray mean $E < 30$ keV	0.9 – 5	1 – 5	$\approx 1$	0.01 – 0.9
X-ray mean $E > 30$ keV	0.8 – 0.9	$\approx 1$	$\approx 1$	0.9 – 1.2
Beta max. $E < 0.6$ MeV and X-rays	1 – 100	1 – 100	$\approx 1$	see above
Beta max. $E \approx 1$ MeV and X-rays	1 – 500	1 – 500	$\approx 1$	$2 \times 10^{-4} - 1$
Beta max. $E > 1.5$ MeV and X-rays	1 – 60	1 – 60	$\approx 1$	$2 \times 10^{-4} - 1$

**R. Behrens and G. Dietze:**  
*Phys. Med. Biol.* 55 (2010) 4047-4062  
 and *Phys. Med. Biol.* 56 (2011) 511

$H_p(0.07)_{slab}$  is ONLY adequate for photon radiation.

$H_p(3)$  is NECESSARY for beta radiation.

$H_p(10)$  is NOT adequate for  $E_{ph} < 40\text{keV}$  &  $\beta$

Introduction: Why the lens?

Dosimetry in general

Lens of the eye: anatomy and dose

Which quantity for the lens of the eye?

**Practical and formal aspects**

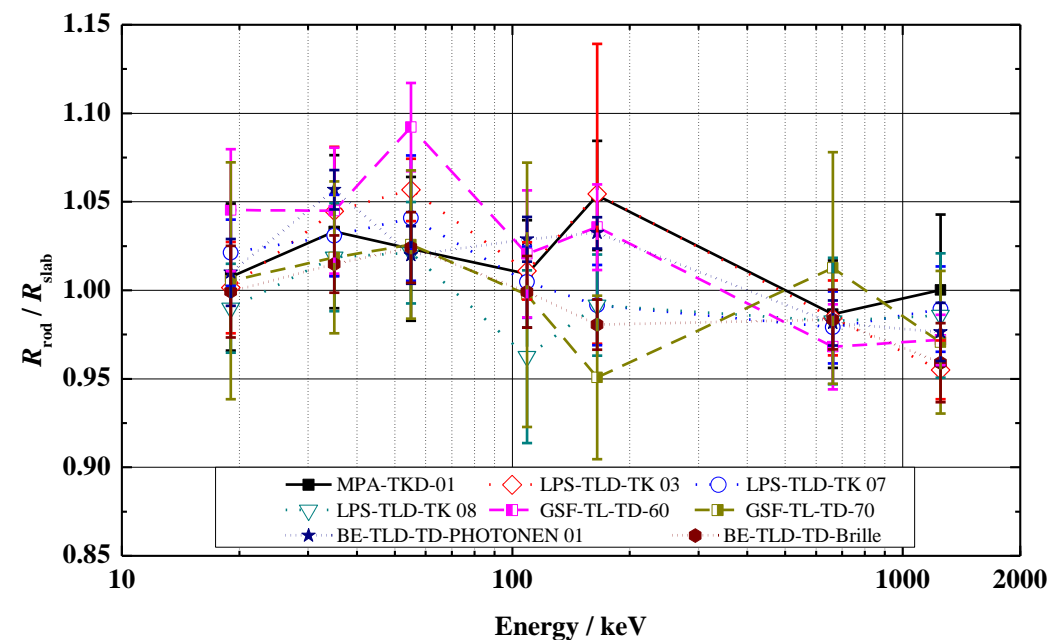
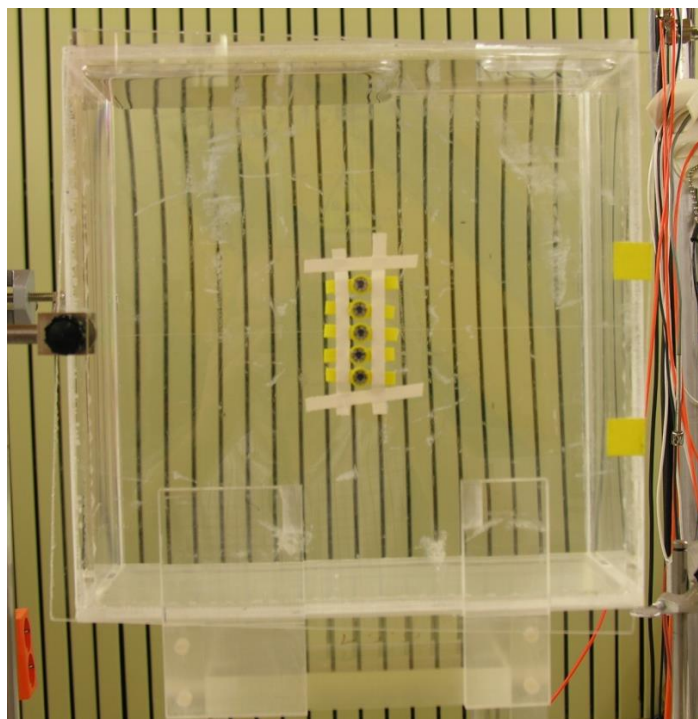
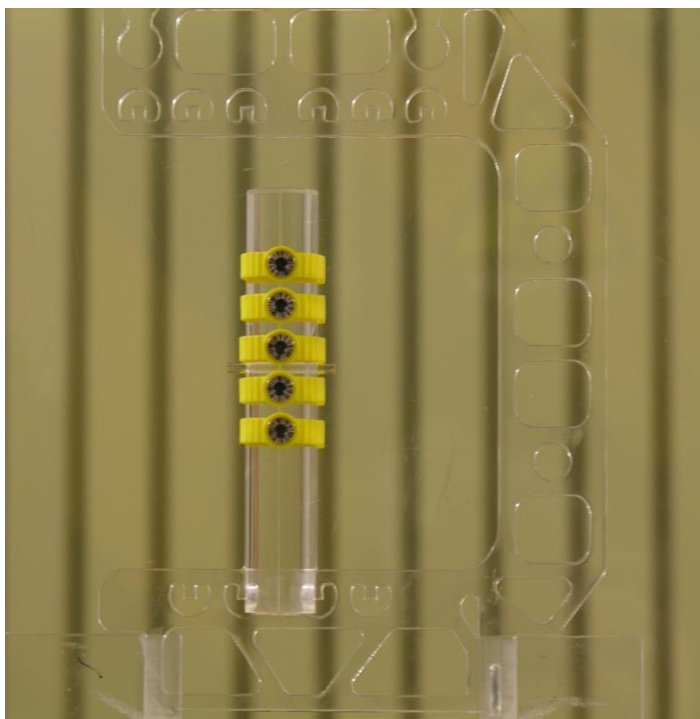
Reactions of international organisations

Conclusions / Challenges

Are extremity dosimeters (for photons for  $H_p(0.07)$ ) appropriate?

*Calibration on  
rod phantom                      slab phantom*

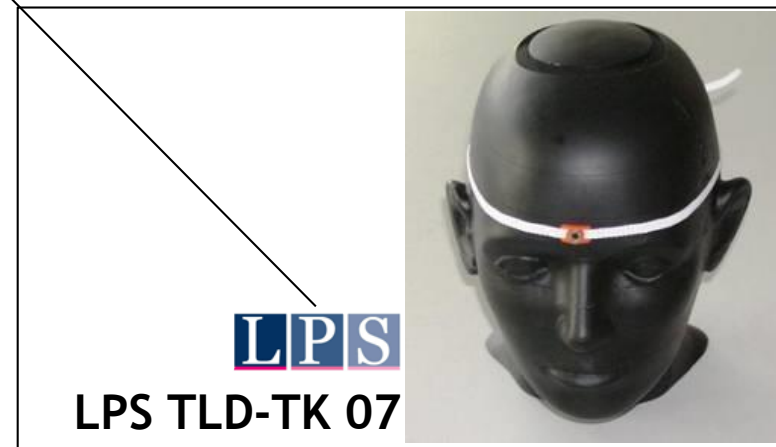
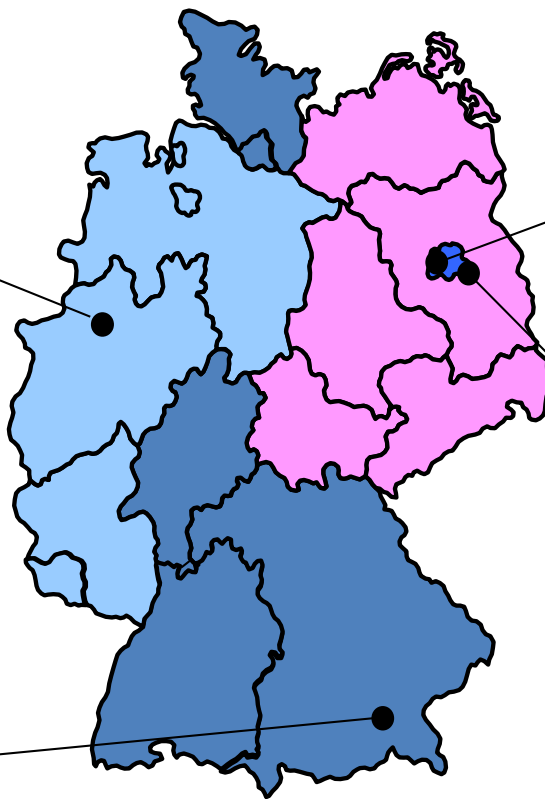
*... yield the same results!*



**R. Behrens et al.:**  
**Rad. Prot. Dosim. 148 (2012) 139-142**

## Routine measurements

- D:  $H_p(3)$ - and  $H'(3)$ -dosemeters
- D: alternatively **until end of 2021** (§ 197 (1) and § 90 (2) StrlSchV):  $H_p(0.07)$ - and  $H'(0.07)$ -dosemeters in photon fields

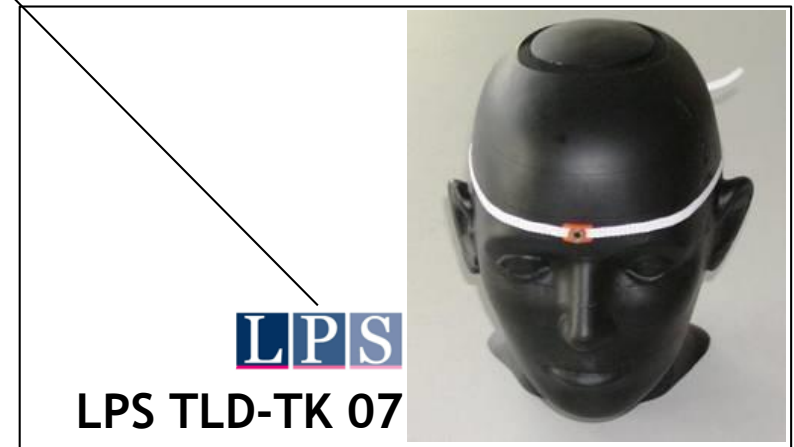
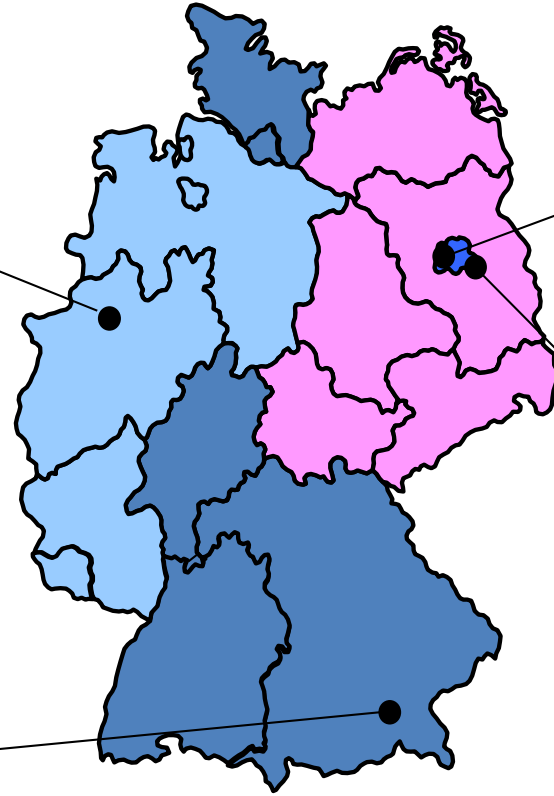


## Routine measurements

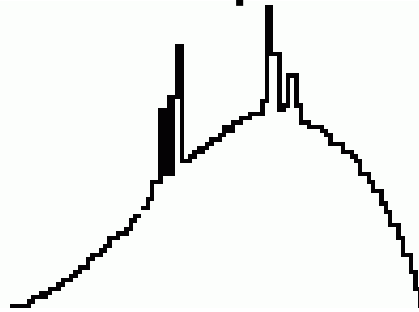
- D:  $H_p(3)$ - and  $H'(3)$ -dosemeters
- D: alternatively **until end of 2021** (§ 197 (1) and § 90 (2) StrlSchV):  $H_p(0.07)$ - and  $H'(0.07)$ -dosemeters in photon fields



Future: goggles with integrated  $H_p(3)$ -dosemeter



## Photon spectra:



- Conversion coefficients for  $K_a \rightarrow H_p(3)_{\text{cyl}}$ :  
*Radiat. Prot. Dosim. 151 (2012) 450*
- Conversion coefficients for  $K_a \rightarrow H'(3)$ :  
*J. Radiol. Prot. 37 (2017) 354*

## Beta radiation:



- Extensions to the Beta Secondary Standard BSS 2  
incl. conversion factors from  $H_p(0.07) \rightarrow H_p(3)$  and  $H'(3)$ :  
*J. Instrum. 6 (2011) P11007 and Erratum and Addendum*
- Available for old instruments via SW update

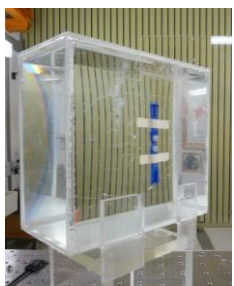


**Response on slab above 45° significantly different!**

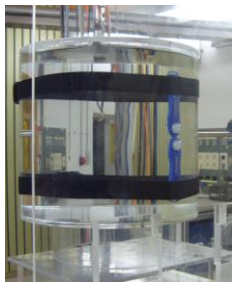
*R. Behrens and O. Hupe  
Radiat. Prot. Dosim.  
168 (2016) 441*

Eye-D: Response on Slab / Response on Cylinder

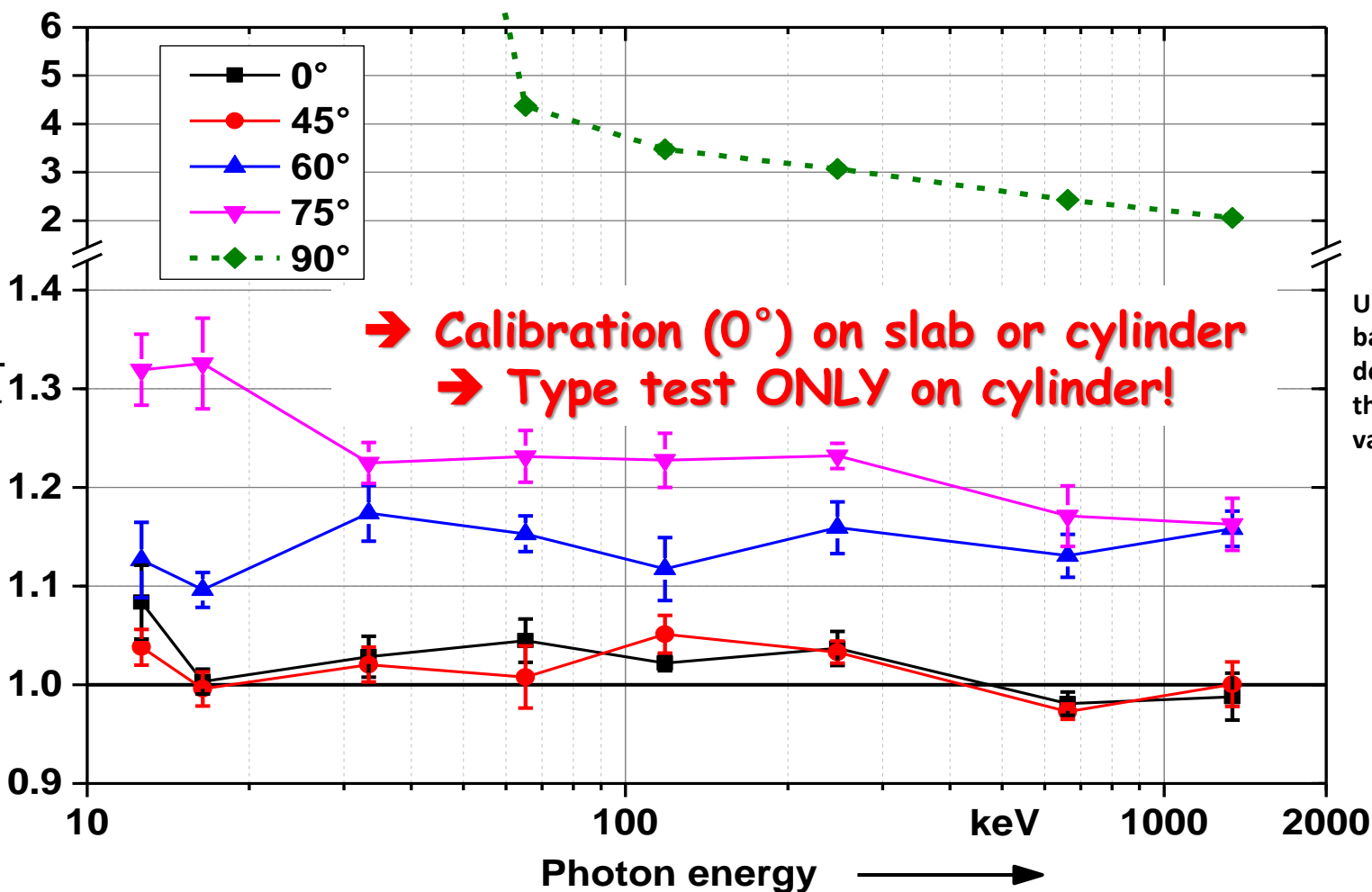
30 x 30 x 15 cm<sup>3</sup>



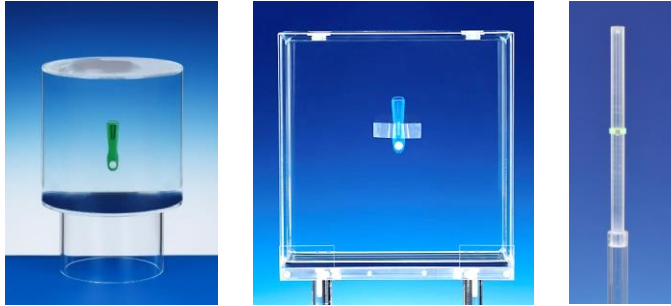

VS.  $\frac{R_{\text{Slab}}}{R_{\text{Cylinder}}}$

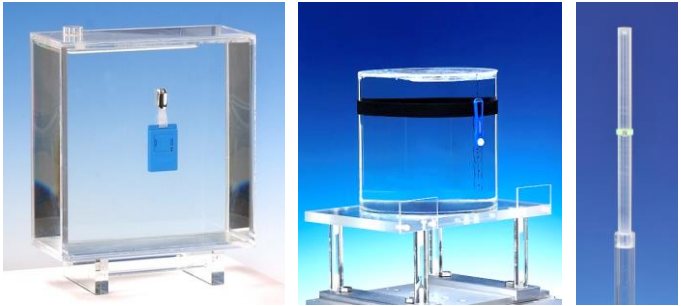




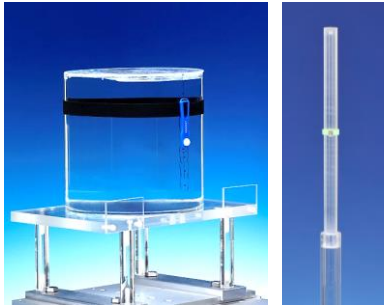

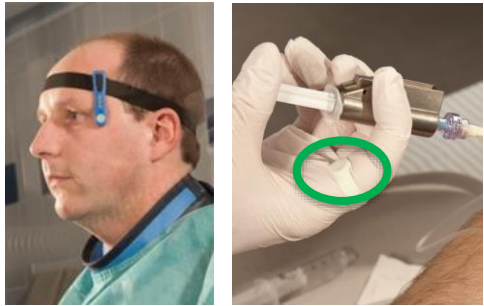
Ø = 20 cm  
h = 20 cm



Uncertainty bars: standard deviation of the mean values

Calibration ( $0^\circ$ )		Characterization ( $0^\circ \dots \alpha$ )	
Area monitoring	Individual monitoring	Area monitoring	Individual monitoring
<p><i>free in air</i></p>	 <p><i>Eye lens dosimeters on water cylinder, water slab or PMMA rod phantom</i></p>	<p><i>free in air</i></p>	 <p><i>Eye lens dosimeters on water-cylinder phantom</i></p>

Calibration ( $0^\circ$ ) and characterization ( $0^\circ \dots \alpha$ )		Measurement	
Area monitoring	Individual monitoring	Area monitoring	Individual monitoring
<p><i>free in air</i></p>	 <p>Whole body-, <b>eye lens-</b>, <b>ring-dosem.</b> on Water slab-, <b>water-cyl.-</b>, <b>PMMA-rod-</b> <b>phantom</b> (water-pillar not in Germany)</p>	<p><i>free in air</i></p>	 <p>Whole body-, <b>eye lens-</b>, <b>ring-dosem.</b> at the person at representative part of the body behind / below protection</p>

Calibration (0°) and characterization (0° .. $\alpha$ )		Measurement	
Area monitoring	Individual monitoring	Area monitoring	Individual monitoring
<p><i>free in air</i></p> 	 <p>Whole body-, <b>eye lens-</b>, <b>ring-dosem.</b> on Water slab-, <b>water-cyl.-</b>, <b>PMMA-rod-</b> <b>phantom</b> (water-pillar not in Germany)</p>	<p><i>free in air</i></p> 	 <p>Whole body-, <b>eye lens-</b>, <b>ring-dosem.</b> at the person at representative part of the body behind / below protection</p>

Procedures unchanged – **“only”** new conversion coefficients  
**→ Calibration coefficient and energy dependence change!**

## Dose rate constants for the quantity $H_p(3)$ for frequently used radionuclides in nuclear medicine

*Z. Med. Phys.* 26 (2016) 304

Bastian Szermerski<sup>1,\*</sup>, Iris Bruchmann<sup>1</sup>, Rolf Behrens<sup>2</sup>, Lilli Geworski<sup>1</sup>

<sup>1</sup>Department for Radiation Protection and Medical Physics, Medical School Hannover

<sup>2</sup>Physikalisch-Technische Bundesanstalt (PTB), Bundesallee 100, 38116 Braunschweig

Table 1

Source characteristics and dose rate constants for the investigated nuclides and geometries (average of values measured at both eyes and at all distances).

*Dose rate per activity at 1 m*

Nuclide	Dominant emissions			Geometry	$k_{\text{nuclide}}$	$\Gamma(H_p(3))$ in (mSv·m <sup>2</sup> )/(GBq·h)		
	Radiation	$E_\gamma$ ; $E_{\beta,\text{max}}$ keV	$P$			This work	From photon emission <sup>c)</sup>	Otto [19] <sup>c)</sup>
Tc-99m	$\gamma$	141	0.89	5 ml solution in 10 ml syringe	$0.71 \pm 0.04$	$0.021 \pm 0.006$	$0.025^{\text{d)}$	0.026 u&s
I-131	$\beta^-$	606	0.90	Capsule in applicator	$0.66 \pm 0.03$	$0.071 \pm 0.021$	$0.069^{\text{d)}$	0.068 u&s
	$\gamma$	365	0.82					
F-18	$\beta^+$	634	0.97	5 ml solution in 10 ml syringe	$0.60 \pm 0.03$	$0.169 \pm 0.049$	0.169	0.005 u <sup>f)</sup> 0.169 s
	photons	511 <sup>a)</sup>	1.94 <sup>b)</sup>					
Ga-68	$\beta^+$	1899	0.89	5 ml solution in 10 ml syringe	$1.00 \pm 0.05$	$0.499 \pm 0.146$	0.155	1.20 u 0.161 s
	photons	511 <sup>a)</sup>	1.78 <sup>b)</sup>					
Y-90	$\beta^-$	2280	0.99	Microspheres in 5 ml syringe	$1.00 \pm 0.05$	$2.566 \pm 0.762$	—	2.35 u 0.0 s

## Dose rate constants for the quantity $H_p(3)$ for frequently used radionuclides in nuclear medicine

*Z. Med. Phys. 26 (2016) 304*

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	Radiation	$E_\gamma$ ; $E_{\beta,\text{max}}$ keV	$P$			This work	From photon emission <sup>c)</sup>	Otto [19] <sup>c)</sup>
Tc-99m	$\gamma$	141	0.89	5 ml solution in 10 ml syringe	$0.71 \pm 0.04$	$0.021 \pm 0.006$	$0.025^{\text{d)}$	0.026 u&s
I-131	$\beta^-$	606	0.90	Capsule in applicator	$0.66 \pm 0.03$	$0.071 \pm 0.021$	$0.069^{\text{d)}$	0.068 u&s
	$\gamma$	365	0.82					u&s
F-18	$\beta^+$	634	0.97	5 ml solution in 10 ml syringe	$0.60 \pm 0.03$	$0.169 \pm 0.049$	0.169	$0.005 \text{ u}^{\text{f)}$
	photons	$511^{\text{a)}$	$1.94^{\text{b)}$					0.169 s
Ga-68	$\beta^+$	1899	0.89	5 ml solution in 10 ml syringe	$1.00 \pm 0.05$	$0.499 \pm 0.146$	0.155	1.20 u
	photons	$511^{\text{a)}$	$1.78^{\text{b)}$					0.161 s
Y-90	$\beta^-$	2280	0.99	Microspheres in 5 ml syringe	$1.00 \pm 0.05$	$2.566 \pm 0.762$	—	2.35 u 0.0 s

<sup>a)</sup> Annihilation photons.

<sup>b)</sup> Two photons per annihilation.

<sup>c)</sup> See equation (3) for details.

<sup>d)</sup> For Tc-99m and I-131 all photon emissions above 10 keV are taken into account.

<sup>e)</sup> "u" denotes "unshielded", i.e. photons (without annihilation photons),  $\beta^-$ , and  $\beta^+$  are taken into account;

"s" denotes "shielded", i.e. photons including annihilation photons are taken into account.

No uncertainties are given by Otto.

<sup>f)</sup> The value for the unshielded source is rather small as the contribution from the annihilation photons is missing.

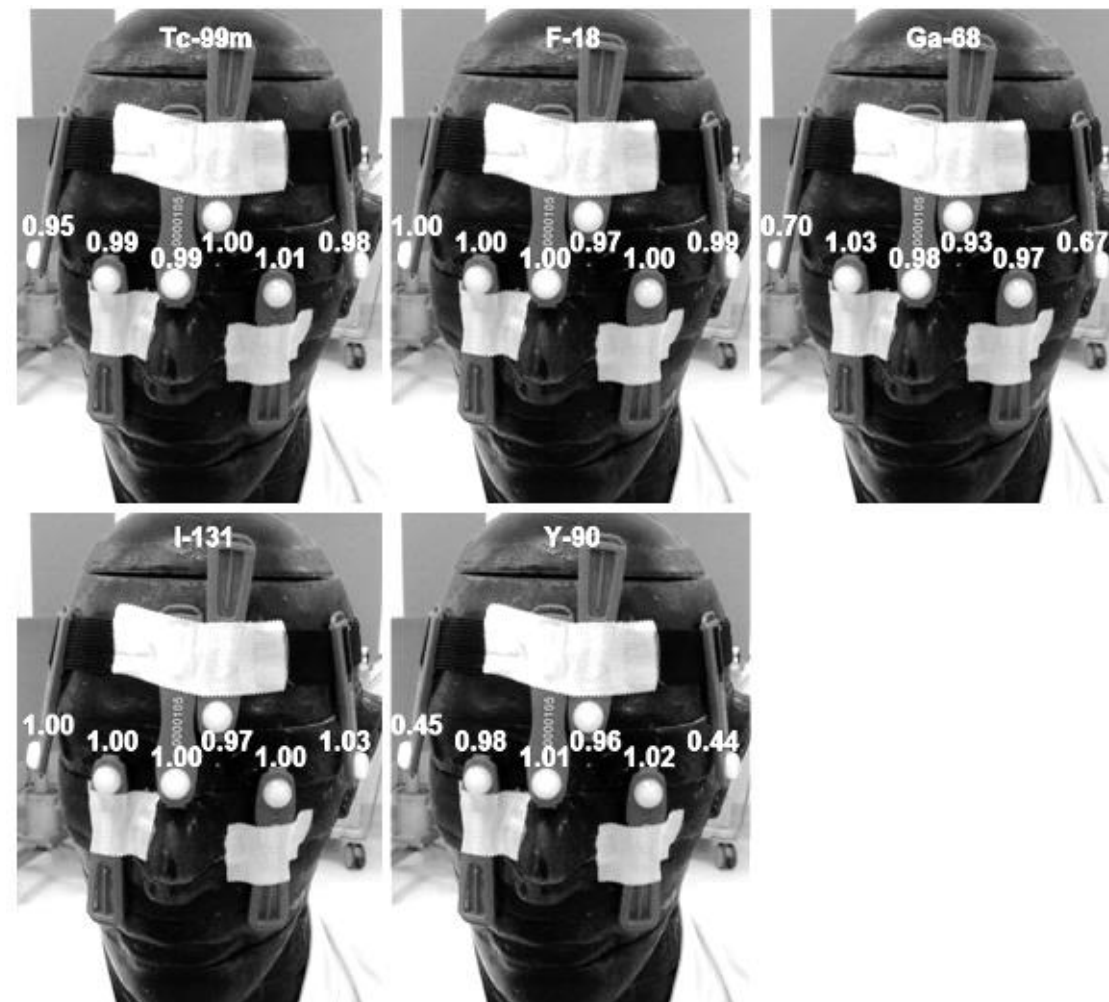


Figure 2. Dose rate constants divided by the average value of the dosimeters on the phantom's eyes.

## Impact of radiation protection means on the dose to the lens of the eye while handling radionuclides in nuclear medicine

*Z. Med. Phys. 26 (2016) 298*

Iris Bruchmann<sup>a,\*</sup>, Bastian Szermerski<sup>a</sup>, Rolf Behrens<sup>b</sup>, Lilli Geworski<sup>a</sup>

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<sup>b</sup> Physikalisch-Technische Bundesanstalt (PTB), Bundesallee 100, 38116 Braunschweig



Figure 1. Set-up with four Alderson head phantoms (above) and protection glasses (below): laboratory glasses (left) and X-ray goggles (right).

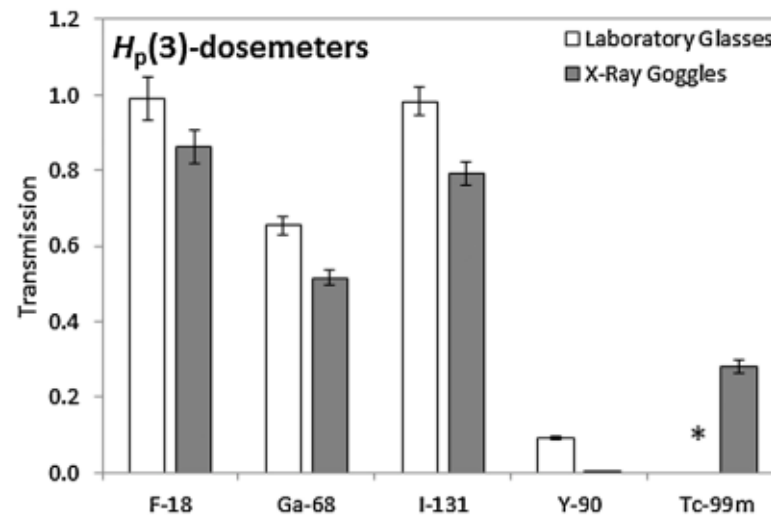


Figure 2. Nuclide-depending mean reciprocal attenuation factors determined for laboratory glasses and X-ray goggles with  $H_p(3)$ -dosemeters.

\*not investigated

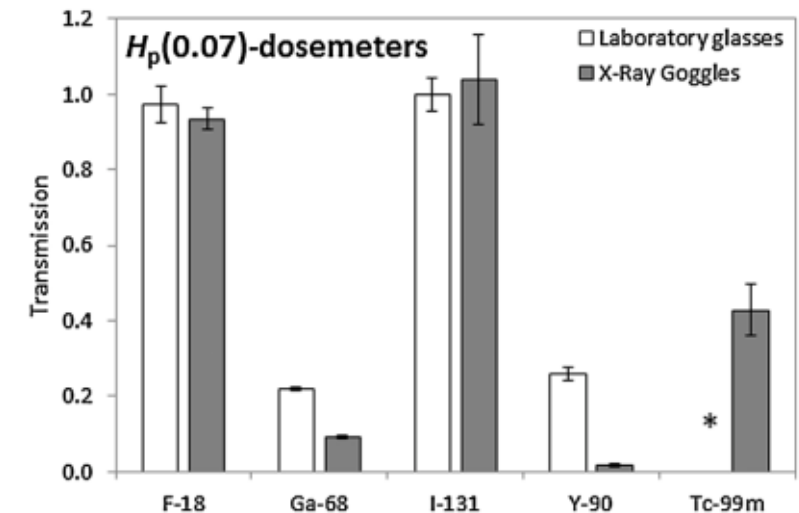


Figure 3. Nuclide-depending mean reciprocal attenuation factors determined for laboratory glasses and X-ray goggles with  $H_p(0.07)$ -dosemeters.

\*not investigated

Introduction: Why the lens?

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# International documents with $H_p(3)$ and / or $H'(3)$

IEC 61331-3: **Requirement to medical protective equipment** (2014)

ISO 4037: Photon **reference radiation fields** (2019)

ISO 6980: Beta reference radiation fields (2004 – in revision)

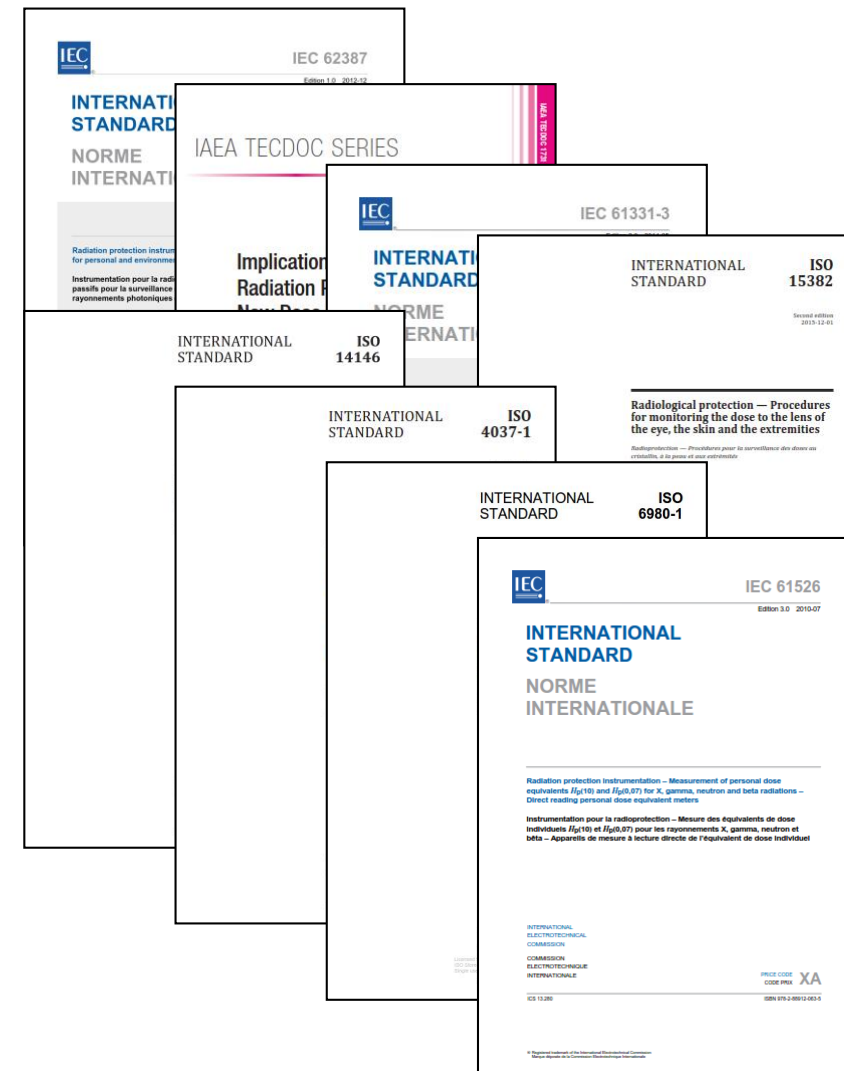
IAEA TecDoc 1731: **Dosimetry in practice** (2013)

ISO 15382: Dosimetry in practice (2015)

IEC 62387: **Requirements to dosimeters** (passive) (2020)

IEC 61526: Requirements to dosimeters (active) (2010 – in rev.)

ISO 14146: **Routine test for dosimeters** (2018)



The screenshot shows a web browser window displaying the IAEA website. The address bar shows the URL: <https://www.iaea.org/resources/rpop/health-professionals/radiology/cataract/staff>. The page header includes the IAEA logo and navigation links for 'Press centre', 'Employment', and 'Contact'. A search bar is visible. The main content area features a large image of a human eye with a blue iris. Overlaid on the image is the text 'Radiation Protection of Patients (RPOP)' and a title 'Radiation protection of medical staff from cataract', where the word 'staff' is highlighted with a red box. Below the image, there are three columns of content: 'Health professionals' with a link to 'RPOP Home' and 'Radiology'; 'Frequently asked questions by the health professionals' with links to 'Which part of the eye does cataract affect?', 'Is cataract caused by ionizing radiation different from that caused by age?', and 'Is it possible to diagnose radiation-induced eye lens injuries?'; and 'Related resources' with links to 'Retrospective evaluation of lens injuries and dose study' and 'Radiation doses in interventional'.

The screenshot shows a web browser window displaying the IAEA website. The page title is "Radiation protection of patients with cataract". The IAEA logo and navigation menu are visible at the top. The main content area features a large image of a human eye with a blue tint. Below the image, there are sections for "Health professionals", "Frequently asked questions by the health professionals", and "Related Stories". The word "patients" in the main title is highlighted with a red box.

IAEA International Atomic Energy Agency

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Radiation Protection of Patients (RPOP)

Radiation protection of patients with cataract

Health professionals

- RPOP Home
- Radiology
  - Responsibilities of health professionals
  - Children
  - Pregnant women

Frequently asked questions by the health professionals

- » Which X-ray procedures and clinical conditions are associated with elevated eye lens doses to the patient?
- » What are typical eye lens doses to patients associated with diagnostic and interventional procedures?
- » How can I manage eye lens dose and prevent injuries in patients?
- » Which X-ray procedures and clinical conditions are associated with

Related Stories







- Protecting Patients: Promoting Safety Culture in Diagnostic Imaging








Related resources

- Retrospective evaluation of lens injuries and dose study

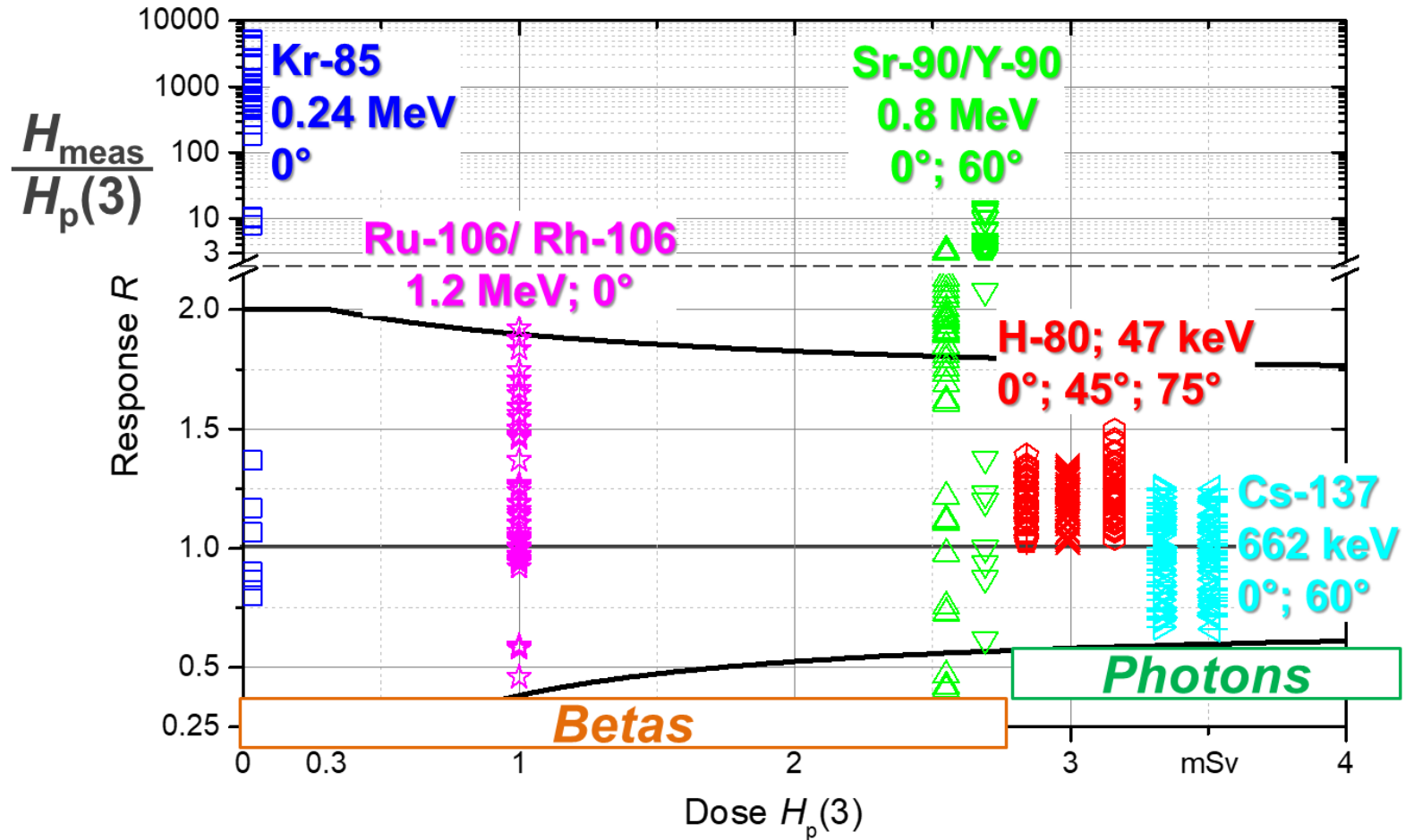
The screenshot shows a web browser window with the URL <https://www.oramed-fp7.eu/en>. The page features the ORAMED logo (a stylized 'O' with 'ORAMED' inside) and the text 'ORAMED Optimization of Radiation Protection of Medical Staff'. A navigation menu includes 'Home', 'Summary', 'Partners', 'Workpackages', 'Deliverables', 'Papers', 'Presentations', 'Training material', 'Guidelines', and 'Links'. A sidebar on the left contains 'ORAMED', 'Latest News', 'Upcoming Events', and the European Union flag. The main content area has a heading 'ORAMED' and a paragraph: 'ORAMED, Optimization of Radiation protection for MEDical staff is a collaborative project funded in 2008 within the 7th EU Framework Programme, Euratom Programme for Nuclear Research and training'. Below this is an image of hands in gloves working with a radiation detector. Further text describes the project's goals and the consortium of 12 partners from 9 European countries. At the bottom, it states 'Project start date: February 1, 2008 - Duration: 36 Months' and '© 2019, SCK•CEN'.

The image shows the cover of the EURADOS Report 2012-02, titled 'ORAMED: Optimization of Radiation Protection of Medical Staff'. The cover features the EURADOS logo (European Radiation Dosimetry Group s. v.) and the text 'EURADOS Report 2012-02 Braunschweig, April 2012'. The title 'ORAMED: Optimization of Radiation Protection of Medical Staff' is prominently displayed. Below the title is a list of authors: Vanhavere F., Carinou E., Gualdrini G., Clairand I., Sans Merce M., Ginjaume M., Nikodemova D., Jankowski J., Bordy J-M., Rimpler A., Wach S., Martin P., Struelens L., Krim S., Koukorava C., Ferrari P., Mariotti F., Fantuzzi E., Donadille L., Itié C., Ruiz N., Carnicer A., Fulop M., Domienik J., Brodecki M., Daires J., Barth I., Biłski P. At the bottom right, the ISSN 2226-8057 and ISBN 978-3-943701-01-2 are listed.

Design quantity <sup>a)</sup>	Institution	Type	Detector type and material	Photograph
$H_p(3)$	HMGU	Eye-D <sup>TM</sup>	TLD-100: <sup>nat.</sup> LiF:Mg,Ti	
		Eye-D <sup>TM c)</sup>	MCP-N: <b>ORAMED</b> <sup>7</sup> LiF:Mg,Cu,P	
	KIT	Augenlinsendosimeter	TLD-700 <sup>7</sup> LiF: Mg,Ti	
$H_p(0.07)$	HMGU	AWST-TL-TD 60 (Typ W)	TLD-100: <sup>nat.</sup> LiF:Mg,Ti	
		AWST-TL-TD 70 (Typ X)	MCP-Ns: <sup>nat.</sup> LiF:Mg,Cu,P	
		dosiEYE <sup>b)</sup>	TLD-100: <sup>nat.</sup> LiF:Mg,Ti	

Design quantity <sup>a)</sup>	Institution	Type	Detector type and material	Photograph
$H_p(0.07)$	LPS	LPS-TLD-TD 03	TLD-700: <sup>7</sup> LiF:Mg,Ti	
		LPS-TLD-TD 07 <sup>d)</sup>	TLD-100: <sup>nat.</sup> LiF:Mg,Ti	
	MPA	MPA-TKD-01 <sup>d)</sup>	TLD-100: <sup>nat.</sup> LiF:Mg, Ti	
	PDMB	BE-TLD-TD-Brille <sup>d)</sup>	TLD-100: <sup>nat.</sup> LiF:Mg,Ti	
		BE-TLD-TD-Brille	MCP-7s: <sup>7</sup> LiF:Mg,Cu,P	
		BE-TLD-TD-Photonen 01	MCP-7s: <sup>7</sup> LiF:Mg,Cu,P	
		BE-TLD-TD-Beta-Photonen <sup>d)</sup>	MCP-7s: <sup>7</sup> LiF:Mg,Cu,P	

R. Behrens et al.: *Intercomparison of eye lens dosimeters.*  
 Radiat. Prot. Dosim., Vol. 174, 6 (2017)  
<https://doi.org/10.1093/rpd/ncw051>



**Betas often overestimate  
(up to a factor of 5000!)**

**Photons well detected**

R. Behrens et al.: *Intercomparison of eye lens dosimeters.*

Radiat. Prot. Dosim., Vol. 174, 6 (2017)

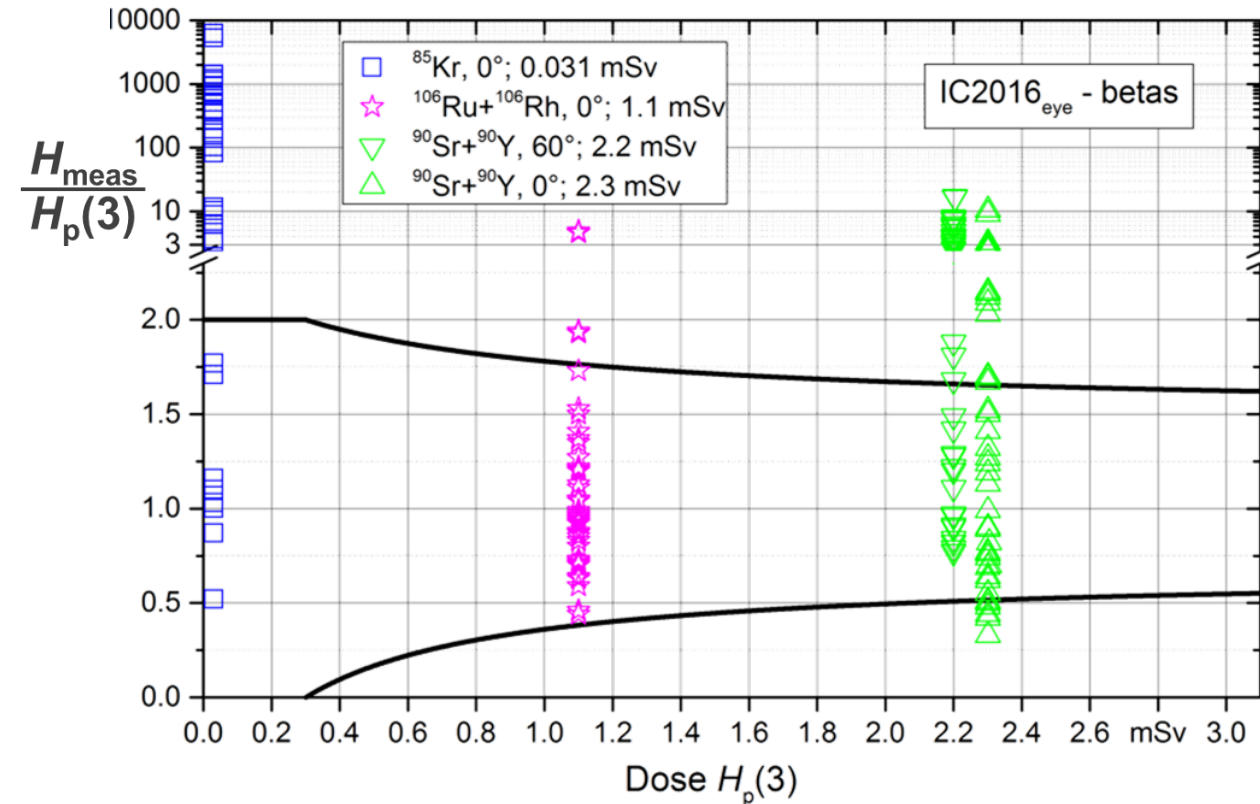
<https://doi.org/10.1093/rpd/ncw051>

Participant from **12 nations** from  
**22 IMS** (individual monitoring services).  
Bulgaria, Czech Republic, France,  
Germany, Israel, Italy, Slovakia, Spain,  
Switzerland, Turkey, United Kingdom, USA

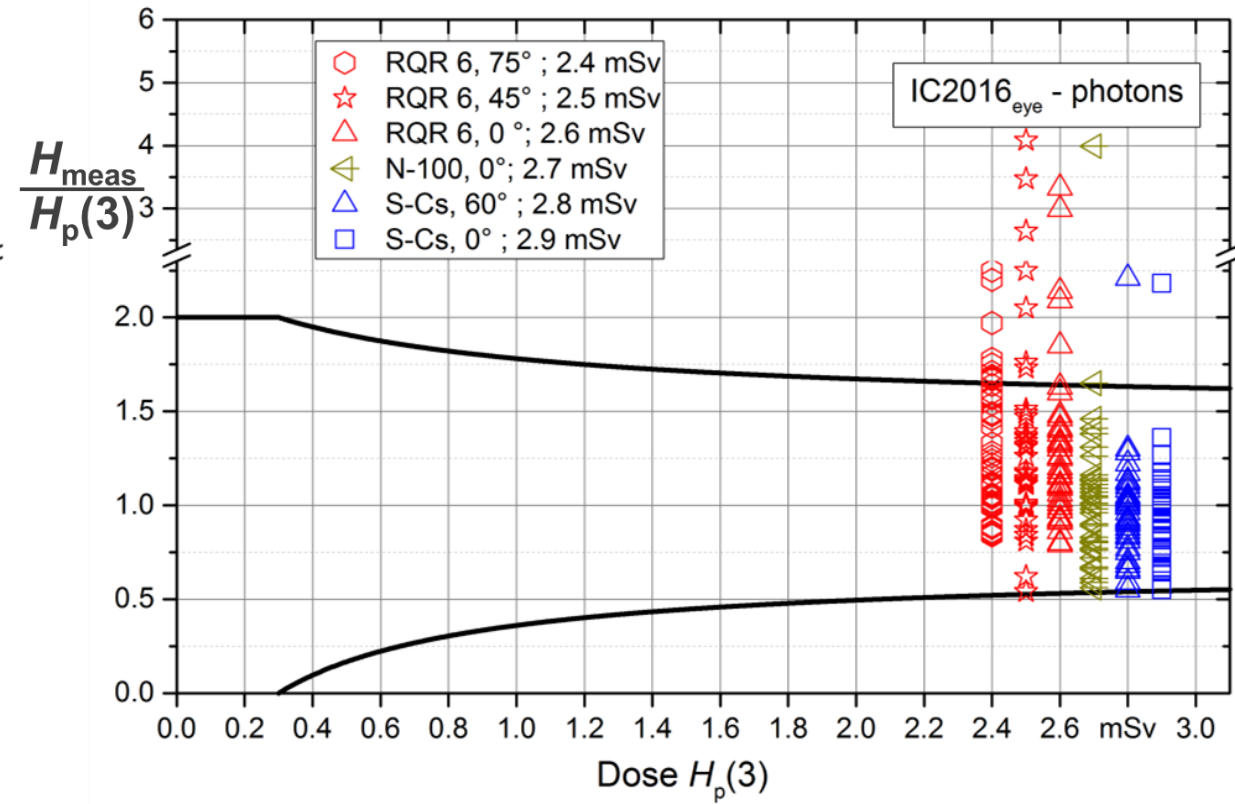


- 6 Eye-D™ systems** (ORAMED European project)
- 3 Dosimeters with special badge** to wear near the eye
- 11 Dosimeters in a plastic bag**
- 2 Whole body** dosimeters

I. Clairand et al.: *EURADOS 2016  
intercomparison exercise of eye lens dosimeters.*  
*Radiat. Prot. Dosim.*, Vol. 182, 317 (2018)  
<https://doi.org/10.1093/rpd/ncy067>



**Betas often overestimate  
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**Photons well detected**

I. Clairand et al.: EURADOS 2016  
intercomparison exercise of eye lens dosimeters.  
Radiat. Prot. Dosim., Vol. 182, 317 (2018)  
<https://doi.org/10.1093/rpd/ncy067>



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## Protection and operational quantities

- Equivalent dose to the lens of the eye,  $H_{\text{lens}}$
- Personal dose equivalent to the lens of the eye,  $H_p(3)$
- Directional dose equivalent to the lens of the eye at 3 mm depth,  $H'(3)$

## Calibration, characterization and measurement

### Personal monitoring :

- Calibration: on cylinder or slab phantom, only at  $\alpha = 0^\circ$
- Characterization at  $\alpha \neq 0^\circ$ : only on cylinder phantom
- Measurements: close to the eye

### Area monitoring:

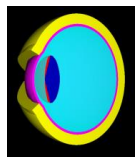
- Calibration, characterization and measurement „free in air“
- $H'(3)$  dosimeters not yet available

## Dosemeter comparison in $H_p(3)$

- Betas often overestimated (up to a factor of 5000!), especially with  $H_p(0.07)$  dosimeters
- Photons well detected, also with  $H_p(0.07)$  dosimeters

## Monitoring

- Obligation to measure on the person if  $H_{\text{lens}} > 15$  mSv/year possible
- Use of  $H_p(3)$  and  $H'(3)$  as of 2022 (in Germany – different in other countries)  
until then in photon fielders also  $H_p(0.07)$  and  $H'(0.07)$  possible



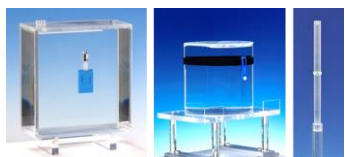
- Conversion coefficients for mono-energetic electrons:  $\Phi \rightarrow H_{lens}$ : Phys. Med. Biol. 54 (2009) 4069 & Phys. Med. Biol. 55 (2010) 3937 & [Rad. Prot. Dosim. 155 \(2013\) 224](#)
- Conversion coefficients for mono-energetic photons:  $\Phi \rightarrow H_{lens}$ : [Phys. Med. Biol. 56 \(2011\) 415](#)
- Compilation of conversion coefficients  $\Phi \rightarrow H_{lens}$ : [Rad. Prot. Dosim. 174 \(2017\) 348](#)

?  $H_p(0.07), H_p(3), H_p(10)$  ?  
 •  $H'(0.07), H'(3), H^*(10)$  ?

- Monitoring the eye lens: Which dose quantity is adequate? [Phys. Med. Biol. 55 \(2010\) 4047](#) & [Phys. Med. Biol. 56 \(2011\) 511](#)  
[J. Radiol. Prot. 32 \(2012\) 455](#) & [IRPA13 contribution TS7e.3](#)



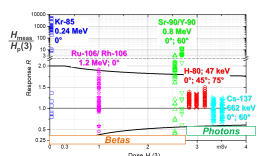
- Conversion coefficients for photon spectra:  $K_a \rightarrow H_p(3)_{slab}$ : [Rad. Prot. Dosim. 147 \(2011\) 373](#)
- Conversion coefficients for photon spectra:  $K_a \rightarrow H_p(3)_{cyl}$ : [Rad. Prot. Dosim. 151 \(2012\) 450](#)
- Conversion coefficients for photon spectra:  $K_a \rightarrow H'(3)$ : [J. Radiol. Prot. 37 \(2017\) 354](#)



- $H_p(0.07)$  photon dosimeters: Calibration on both rod and slab phantom: [Rad. Prot. Dosim. 148 \(2012\) 139](#)
- Type tests only on cylinder phantom: [Rad. Prot. Dosim. 168 \(2016\) 441](#)



- Beta irradiations in  $H_p(3)$  and  $H'(3)$ : Extensions to the Beta Secondary Standard BSS 2: [J. Instrum. 6 \(2011\) P11007](#) & [Erratum & Addendum](#)



- Dosimeter tests: Photon fields:  $H_p(0.07)$  and  $H_p(3)$  dosimeters perform well  
 Beta fields:  $H_p(0.07)$  dosimeters overestimate  $H_{lens}$  up to a factor of 5000!  
[Rad. Prot. Dosim. 174 \(2017\) 6](#)  
[Rad. Prot. Dosim. 182 \(2018\) 317](#)



- Nuclear medicine:  
 Dose rate constants of beta-photon nuclides: [Z. Med. Phys. 26 \(2016\) 304](#)  
 Absorption of goggles for beta-photon nuclides: [Z. Med. Phys. 26 \(2016\) 298](#)

# *Dosimetry of the lens of the eye*

*Dosimetric units and quantities for eye lens monitoring,  
standards, type testing, calibration procedures and phantoms*

*R. Behrens*

13<sup>th</sup> EURADOS Winter School "Eye lens dosimetry" 30<sup>th</sup> January 2020

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As of 01/2020

